

**For More Information Contact:**

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(780)-753-2288

**Manager - Ashley Paulgaard**  
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**Parent Link Family Facilitators**  
Chrissy, Kadee & Camille

**Online**

[www.provost.ca/fcss](http://www.provost.ca/fcss)

**Facebook**

**Provost:** Provost Parent Link  
**Hughenden:** Hughenden Parent Link

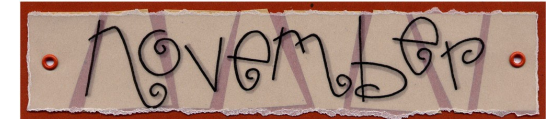
**TRIPLE P PARENTING | ASQ AND ASQ-SE**

**INFANT MASSAGE | KIDS YOGA**

**EMOTION COACHING | BOOKS FOR BABES**



**Make the most out of your child's early years! Come LEARN, GROW & CREATE!!**



**PROVOST**

Crescent Point Place  
4205-53rd avenue

Monday: 9am-12pm  
Tuesday: 9am-3pm  
Wednesday: 9am-3pm  
Thursday: 9am-12pm  
Closed daily from 12 pm-1pm

**HUGHENDEN**

Hughenden Golden Circle  
McKenzie Avenue


Wednesday: 10am-12pm



We offer a relaxed, comfortable environment for families with children aged 0 to 6. We provide support for families, parent education classes and workshops, and enriched early childhood programs. Parent Link is a great way to meet other families, to stay updated on family & community events, and allows you to borrow resources such as books & toys from our lending library.

# NOVEMBER



Monday	Tuesday	Wednesday	Thursday
<b>4</b> 9-12 Mindful Mondays Peaceful Play Ⓜ 10:30 Flexi Families	<b>5</b> 9-12 Sensory Ⓜ 11:00 Science Lab 1-3 The Baby Bunch	<b>6</b> 9-12 Stay & Play 9-11:30 Back to Basics *toy organization, storage & decluttering 1-3 Crafternoon!	<b>7</b> 9-12 Play Dough Fun! Ⓜ 10:30 Emotion Coaching
<b>11</b>  <i>Left We Forget</i>	<b>12</b> 9-12 Loose Parts Play 10:45 Mugs & Muffins 1-3 The Baby Bunch	<b>13</b> 9-12 Numbers Ⓜ 11:00 Crafty Kids 1-3 Crafternoon!	<b>14</b> 9-12 Puzzle Play Ⓜ 10:30 Emotion Coaching
<b>18</b> 9-12 CLOSED for Events Ⓜ 9:15 Singing with Stacy Ⓜ 10 – 12 PCN It Takes a Village Ⓜ 10:30 Flexi Families	<b>19</b> 9-12 Nursery Rhymes Ⓜ 11:00 Mommy's Little Helpers 1-3 The Baby Bunch	<b>20</b> 9-12 Colours Ⓜ 11:00 Crafty Kids 1-3 Crafternoon!	<b>21</b> 9-12 Little Games Day! Ⓜ 10:30 Emotion Coaching
<b>25</b> 9-12 Mindful Mondays Peaceful Play Ⓜ 9:15 Singing with Stacy Ⓜ 10:30 Flexi Families	<b>26</b> 9-12 Dr. Seuss Day! Book Worms Ⓜ 9:30 Goodbye Mealtime Struggles 1-3 The Baby Bunch	<b>27</b> 9-12 Shapes Ⓜ 11:00 Crafty Kids 1-3 Crafternoon!	<b>28</b> 9-12 Deck the Halls!

