

For More Information Contact:

Provost & District FCSS
(780)-753-2288

Manager - Ashley Paulgaard
provostplp@telus.net

Program Coordinator - Sherri Locke
fcss9@telus.net

Parent Link Family Facilitators
Chrissy, Kadee & Camille

Online

www.provost.ca/fcss

Facebook

Provost: Provost Parent Link
Hughenden: Hughenden Parent Link

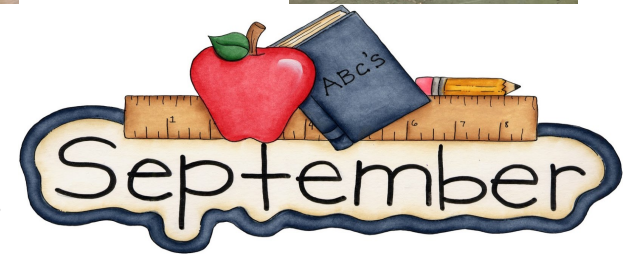
TRIPLE P PARENTING | ASQ AND ASQ-SE

INFANT MASSAGE | KIDS YOGA

EMOTION COACHING | BOOKS FOR BABES



Make the most out of your child's early years! Come LEARN, GROW & CREATE!!



PROVOST

Crescent Point Place
4205-53rd avenue

Monday: 9am-12pm
Tuesday: 9am-3pm
Wednesday: 9am-3pm
Thursday: 9am-12pm
Closed daily from 12 pm-1pm


HUGHENDEN

Hughenden Golden Circle
McKenzie Avenue

Wednesday: 10am-12pm




We offer a relaxed, comfortable environment for families with children aged 0 to 6. We provide support for families, parent education classes and workshops, and enriched early childhood programs. Parent Link is a great way to meet other families, to stay updated on family & community events, and allows you to borrow resources such as books & toys from our lending library.



September



Monday	Tuesday	Wednesday	Thursday
<p>2</p> <p>CLOSED</p>	<p>3</p> <p>9-12 Welcome Back Pancake Breakfast!</p> <p>1-3 Stem Play</p>	<p>4</p> <p>9-12 Back to Basics *lunches & meal plans</p> <p>1-2 Park Play</p> <p>2-3 Stay & Play</p>	<p>5</p> <p>9-12 Celebrating Grandparents</p> <p>Ⓡ 11:00 Crafty Kids</p> 
<p>9</p> <p>7-9 Community Awareness @ the Provost Rec & Culture Centre</p> <p>CLOSED</p>	<p>10</p> <p>9-12 Apple Day</p> <p>Ⓡ 1:30 Snuggly Snails Infant Massage</p>	<p>11</p> <p>9-12 Fine Motor Play</p> <p>1-2 Park Play</p> <p>2-3 Stay & Play</p>	<p>12</p> <p>9-12 Zen Kids 11:00 Flexi Families Mind & Body Yoga</p>
<p>16</p> <p>9-12 CLOSED for Events</p> <p>Ⓡ 9:15 Singing with Stacy</p> <p>Ⓡ 10-12 PCN It Takes a Village</p>	<p>17</p> <p>9-12 Farm Friends</p> <p>Ⓡ 1:30 Snuggly Snails Infant Massage</p>	<p>18</p> <p>9-12 Sensory Play</p> <p>Ⓡ 1:00 Mess Makers</p> <p>1-2 Park Play</p> <p>2-3 Stay & Play</p>	<p>19</p> <p>CLOSED for PD Day</p>
<p>23</p> <p>9-12 Mindful Mondays Peaceful Play</p> <p>Ⓡ 9:15 Singing with Stacy</p>	<p>24</p> <p>9-12 Play Dough Fun!</p> <p>Ⓡ 11:00 Mommy's Little Helper</p> <p>Ⓡ 1:30 Snuggly Snails Infant Massage</p>	<p>25</p> <p>9-12 Puzzle Play</p> <p>Ⓡ 10:30 Emotion Coaching</p> <p>1-2 Park Play</p> <p>2-3 Stay & Play</p>	<p>26</p> <p>9-12 Book Worms 11:00 Board Games Galore Disconnect to Reconnect</p>
<p>30</p> <p>9-12 Mindful Mondays Peaceful Play</p> <p>Ⓡ 9:15 Singing with Stacy</p>			

