

**For More Information Contact:**

**Provost & District FCSS**

(780)-753-2288

provostplp@telus.net

Manager - Ashley Paulgaard  
Program Coordinator - Sherri Locke  
Hughenden Lead - Becky Moody

Parent Link Family Facilitators  
Chrissy, Kadee & Camille

Online

[www.provost.ca/fcss](http://www.provost.ca/fcss)

Facebook

**Provost:** Provost Parent Link

**Hughenden:** Hughenden Parent Link

**parentLINKcentre**



**March 2019**

**HOURS OF OPERATION**

Monday: 9am-12pm  
Tuesday: 9am-3pm  
Wednesday: 9am-3pm  
Thursday: 9am-12pm  
Closed daily from 12 pm-1pm

Summer Hours:  
July & August  
Tuesday, Wednesday, Thursday  
9am-12pm  
Hughenden: CLOSED

*See calendar for all event locations and times.*

**PROVOST**

Crescent Point Place  
4205-53rd avenue

**HUGHENDEN**

Hughenden Golden Circle  
McKenzie Avenue

TRIPLE P PARENTING | ASQ AND ASQ-SE | INFANT MASSAGE |  
EMOTION COACHING | BOOKS FOR BABIES |  
LENDING RESOURCES | AND MORE!!



All parents and caregivers with children from birth to six years are invited to stop by Parent Link Program.

It is an opportunity to meet other families in your community, participate in Enriched Early Childhood Programs, Parent Education Classes and find resources.

Parent Link Program is a warm and caring place to come learn, grow and create.

**JOIN THE FUN TODAY!!**

# March

Monday	Tuesday	Wednesday	Thursday
<b>4</b> 9-12 Mindful Mondays Peaceful Play <b>R</b> 9:15 Miss Stacy's Silly Singing <b>R</b> 10:30 Beyond the Book	<b>5</b> 9-12 Books Worms Mugs & Muffins 1-3 The Baby Bunch	<b>6</b> 9-12 Physical Literacy <b>R</b> 10:00 Emotion Coaching 1-3 Stay & Play	<b>7</b> 9-12 Zen Kids Family Massage ft. Sherri Locke
<b>11</b> 9-12 Mindful Mondays Peaceful Play <b>R</b> 9:15 Miss Stacy's Silly Singing <b>R</b> 10:30 Beyond the Book	<b>12</b> 9-12 Little Lego Learners 1-3 The Baby Bunch <b>R</b> 1:00 to 3:00 **Infant Nutrition with R.D., Elizabeth Fraser**	<b>13</b> 9-12 Fine Motor <b>R</b> 10:00 Emotion Coaching <b>R</b> 1:00 to 3:00 Parenting...It Takes a Community 1-3 CLOSED for EVENT	<b>14</b> 9-12 Greens Eggs & Ham **wear something green <b>R</b> 10:30 Kids Can Cook Happy St. Patrick's Day!
<b>18</b> 9-12 Mindful Mondays Peaceful Play <b>R</b> 9:15 Miss Stacy's Silly Singing <b>R</b> 10:30 Beyond the Book	<b>19</b> 9-12 Stay & Play <b>R</b> 10:45 Mommy's Little Helper 1-3 The Baby Bunch	<b>20</b> 9-12 Crafty Kids <b>R</b> 10:00 Emotion Coaching 1-3 Stay & Play	<b>21</b> 9-12 Play Dough Fun! <b>R</b> 10:30 Back to Basics Financial Literacy: Budgeting ft. Carrie Olson
<b>25</b> 9-12 Mindful Mondays Peaceful Play <b>R</b> 9:15 Miss Stacy's Silly Singing <b>R</b> 10:30 Beyond the Book	<b>26</b> 9-12 ASQ Skill Building Outdoor Play 1-3 The Baby Bunch	<b>27</b> 9-12 Loose Parts Play <b>R</b> 10:30 Simple Health & Wellness ft. Alyssa Rab Wellness 1-3 Stay & Play	<b>28</b> CLOSED for Professional Development

**\*\*REGISTERED PROGRAMS\*\***

Please call 780-753-2288 or speak with a PLP Staff Member to sign up. Please see insert for program details.

**\*\*LIMITED SPOTS AVAILABLE\*\***

