

For More Information Contact:

Provost & District FCSS

(780)-753-2288

provostplp@telus.net

Program Manager - Ashley Paulgaard

Hughenden Lead - Becky Moody

PLP Team - Sherri, Chrissy,
Kadee & Camille

Online

www.provost.ca/fcss

Facebook

Provost: Provost Parent Link

Hughenden: Hughenden Parent Link

parentLINKcentre



January 2019

HOURS OF OPERATION

Monday: 9am-12pm
Tuesday: 9am-3pm
Wednesday: 9am-3pm
Thursday: 9am-12pm
Closed daily from 12 pm-1pm

Summer Hours:
July & August
Tuesday, Wednesday, Thursday
9am-12pm
Hughenden: CLOSED

See calendar for all event locations and times.

PROVOST

Crescent Point Place
4205-53rd avenue

HUGHENDEN

Hughenden Golden Circle
McKenzie Avenue

TRIPLE P PARENTING | ASQ AND ASQ-SE | INFANT MASSAGE |
EMOTION COACHING | BOOKS FOR BABIES |
LENDING RESOURCES | AND MORE!!



All parents and caregivers with children from birth to six years
are invited to stop by Parent Link Program.

It is an opportunity to meet other families in your
community, participate in Enriched Early Childhood Programs,
Parent Education Classes and find resources.

Parent Link Program is a warm and caring place to come
learn, grow and create.

JOIN THE FUN TODAY!!



JANUARY

Monday	Tuesday	Wednesday	Thursday
7 9-12 Mindful Mondays Peaceful Play	8 9-12 Welcome Back 1-3 The Baby Bunch	9 9-12 Back to Basics 1-3 Stay & Play	10 9-12 Loose Parts Play 10:00 Essential Oil Education w/ Debbie Prediger from The Healing House **REGISTERED PROGRAM**
14 9-12 Mindful Mondays Peaceful Play	15 9-12 "Fox In Socks" *wear some silly socks 1-3 The Baby Bunch	16 9-12 Numbers 1 to 10 10:30 Books for Babes **REGISTERED PROGRAM** 1-3 Stay & Play 1:15 Miss Stacy's Winter Wonderland **REGISTERED PROGRAM**	17 9-12 Zen Kids 10:30 MtM (More than Motherhood) Meditation ft. Arlene Thalheimer B.A., B.S.W. **REGISTERED PROGRAM**
21 9-12 Mindful Mondays Peaceful Play	22 9-12 Physical Literacy 1-3 The Baby Bunch	23 9-12 Book Worms 10:30 Books for Babes **REGISTERED PROGRAM** 1-3 Stay & Play 1:15 Miss Stacy's Winter Wonderland **REGISTERED PROGRAM**	24 9-12 Exploring the Lending Tower and Resource Library *Did you know we lend our resources? 10:00 Kids Can Cook **REGISTERED PROGRAM**
28 9-12 Mindful Mondays Peaceful Play	29 9-12 ASQ Skill Building 1-3 The Baby Bunch	30 9-12 Play Dough Fun! 10:30 Books for Babes **REGISTERED PROGRAM** 1-3 Stay & Play	31 9-12 Stay & Play 10:30 The Virtues Project **REGISTERED PROGRAM**

Registered Programs this Month:

- January 10 ~ Essential Oil Education with Debbie Prediger from The Healing House
- January 16 to February 20th ~ Books for Babes, 6 weekly sessions for children ages 0 to 18 months
- January 16 to February 27 ~ Miss. Stacy's Winter Wonderland, 6 weekly sessions (no class Jan 30)
- January 17 ~ More than Motherhood Anxiety discussion and mediation with Arlene Thalheimer
- January 24 ~ Kids Can Cook
- January 31 ~ The Virtues Project



****REGISTERED PROGRAMS****

Please call 780-753-2288 or speak with a PLP Staff Member to sign up today!

****LIMITED SPOTS AVAILABLE****